

Park Walk Baltimore

is the pilot market for Park Walk America, www.parkwalkamerica.com, a new, innovative, interactive project that provides a new tax-free source of funding for parks while promoting better health, better fitness, and a better environment. Park Walk Middle Branch will be the first of 3 phases that will cover the city of Baltimore. The other phases will be Park Walk East Side and Park Walk West Side. Park Walk Baltimore will be followed by other Park Walk cities and states across the country.

Park Walk Shopping

The Park Walk Shopping site includes a variety of national and local merchants and many of America's leading retailers. Supporters will be able to buy the best products and services — music, home entertainment, clothing, health and beauty aids, athletic gear and equipment, computer hardware and software, gardening supplies and even pet products and parts for cars and trucks — all at competitive prices while helping parks and the environment. Some of the top merchants include Advanced Auto, Amazon, Barnes and Noble, Expedia, Enterprise, Macy's, and Walmart. Each site visit and a portion of each purchase will support local and national parks and recreational areas. Shop now at www.parkwalkamerica.com and make a difference.

What You Can Do

Go to **Park Walk America on Facebook** at least twice weekly to stay current on medical, fitness and environmental news and information.

Your support can make a difference! Park Walk Middle Branch was developed and designed to protect and promote this vital waterfront. Shop online at www.parkwalkamerica.com and make a difference with each purchase and visit.

This display space can be custom developed for businesses and service organizations

Park Walk America is on **Facebook** and at www.parkwalkamerica.com

Email us at parkwalkamerica@gmail.com for more information and brochures.

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For Your Health

Better educating yourself through **Park Walk America on Facebook** is the path to better health and nutrition through the provision of the highest quality of health, medical and nutrition information. Being better informed by leading medical experts and authorities and being proactive in your personal care will get you the best results.



For Your Fitness

Personal fitness is a key component of a high quality of life. The For Your Fitness posts on **Park Walk America on Facebook** will be a comprehensive guide to the people, places, and things that can help you become more fit. From home exercising to health clubs to walking, to swimming, there will be something for everybody. Fitness products are included on the online shopping site at www.parkwalkamerica.com which supports parks and recreation areas.

For A Greener Environment

Promoting sustainability and protecting the environment are primary goals of Park Walk Middle Branch. The objective is to meet the current environmental, social, and economic needs of the Middle Branch community and the City of Baltimore without compromising the ability of future generations to meet those needs as well. The For a Greener Environment posts will include a link to the Baltimore Office of Sustainability, which can be a model for other cities.

Parks

Parks are the common ground we all enjoy to relax, reflect, and recreate. They are central to the well-being of communities and people. Park Walk Middle Branch is the first step of a national initiative, Park Walk America, that leverages modern technology, the vast resources of the Internet and the billions of everyday dollars we spend, into better health, better fitness, and a better environment.

Middle Branch Park is made up of 150 acres of rolling parklands, which feature fishing piers, boat ramps, picnic areas and wetlands, and since 1987, and the exquisite Baltimore Rowing Club. The view from Middle Branch Park is spectacular.

Reedbird and **Cherry Hill Parks** are made up of wide-open fields used by all manner of sports teams and age groups, and the Middle Branch Fitness and Wellness Center which includes 3 indoor pools, bicycles, weights, an indoor running track, a basketball court and community meeting rooms.

